## What is claimed is:

- A method of treating a disorder of a subject's heart 1. involving loss of cardiomyocytes which comprises administering to the subject a composition comprising 5 an amount of a human stromal derived factor-1 and an amount of a human granulocyte-colony stimulating factor, the composition being administered in effective to cause amount proliferation of cardiomyocytes within the subject's heart so as to 10 thereby treat the disorder.
  - 2. The method of claim 1, wherein the human stromal derived factor-1 is human stromal derived factor- $1\alpha$ .

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- 3. The method of claim 1, wherein the human stromal derived factor-1 is human stromal derived factor-1 $\beta$ .
- The method of claim 1, wherein the human stromal
  derived factor-1 is human stromal derived factor-1γ.
  - 5. The method of claim 1, wherein the disorder comprises myocardial infarction, congestive heart failure, chronic ischemia, or ischemic disease.

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6. The method of claim 1. further comprising administering to the subject an amount of one or more of a human granulocyte macrophage-colony stimulating a human interleukin-8, a human vascular endothelial growth factor, a human fibroblast growth factor, human Gro family chemokine, endothelial progenitor cells, or a pro-angiogenic

agent, the amount, or if appropriate amounts, thereof being effective to cause proliferation of cardiomyocytes within the subject's heart so as to thereby treat the disorder.

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- 7. The method of claim 1, wherein the composition is administered intramyocardially.
- 8. The method of claim 1, wherein the composition is administered intracoronarily.
  - 9. The method of claim 1, wherein the composition is administered via a stent, a scaffold, or a slow-release formulation.

- A method of treating a subject suffering from a 10. disorder of a tissue involving loss and/or apoptosis of cells of the tissue which comprises administering to the subject a composition comprising an amount of 20 which induces phosphorylation activation of protein kinase B, the composition being administered in an amount effective proliferation of the cells and/or inhibit apoptosis of the cells of the tissue within the subject so as to 25 thereby treat the disorder.
  - 11. The method of claim 10, wherein the agent is human human stromal derived factor- $1\alpha$ .
- 30 12. The method of claim 10, wherein the agent is human stromal derived factor- $1\beta$ .

- 13. The method of claim 10, wherein the agent is human stromal derived factor- $1\gamma$ .
- 14. The method of claim 10, wherein the tissue is heart tissue and the cells are cardiomyocytes.
  - 15. The method of claim 14, wherein the disorder from which the subject is suffering comprises myocardial infarction, congestive heart failure, chronic ischemia, or ischemic disease.
  - 16. The method of claim 10, wherein the tissue is heart tissue and the cells are progenitors of cardiomyocytes or stem cells that differentiate to cardiomyocytes.

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- 17. The method of claim 10, wherein the tissue is heart muscle, striated muscle, liver, kidney, neuronal or gastrointestinal tissue.
- 20 18. The method of claim 10, wherein the agent is insulin, endothelin-1, urocrotin, cardiotropin-1, erythropoietin, leukemia inhibitory factor-1, tumor necrosis factor-alpha.
- 25 19. The method of claim 10, further comprising administering an amount of one or more of a human granulocyte-colony stimulating factor, stromal-derived factor-1, a human granulocyte macrophage-colony stimulating factor, 30 interleukin-8, a human vascular endothelial growth factor, a human fibroblast growth factor, a human Gro family chemokine, human endothelial progenitor cells,

or a pro-angiogenic agent, the amount, or if appropriate amounts, effective to cause proliferation of the cells and/or inhibit apoptosis of the cells of the tissue of the subject so as to thereby treat the disorder.

20. A composition comprising a human stromal-derived factor-1 and a human granulocyte-colony stimulating factor.

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- 21. The method of claim 10, wherein the composition is administered intramyocardially.
- 22. The method of claim 10, wherein the composition is administered intracoronarily.
- 23. The method of claim 10, wherein the composition is administered via a stent, a scaffold, a slow-release formulation, intramuscularly, intravenously, intra-arterially, or sub-cutaneously.
- A method of treating a subject suffering from a disorder of a tissue involving loss and/or apoptosis of cells of the tissue which comprises administering 25 to the subject a composition comprising an amount of induces phosphorylation an agent which of an extracellular signal-regulated protein kinase, the composition being administered in an amount effective to inhibit apoptosis and/or cause proliferation of the cells of the tissue within the 30 subject so as to thereby treat the disorder.

- 25. The method of claim 24, wherein the agent is human human stromal derived factor- $1\alpha$ .
- 26. The method of claim 24, wherein the agent is human stromal derived factor- $1\beta$ .
  - 27. The method of claim 24, wherein the agent is human stromal derived factor- $1\gamma$ .
- 10 28. The method of claim 24, wherein the tissue is heart tissue and the cells are cardiomyocytes.
- 29. The method of claim 28, wherein the disorder from which the subject is suffering comprises myocardial infarction, congestive heart failure, chronic ischemia, or ischemic disease.
- 30. The method of claim 24, wherein the tissue is heart tissue and the cells are progenitors of cardiomyocytes or stem cells that differentiate to cardiomyocytes.
- 31. The method of claim 24, further comprising administering an amount of one or more of a human granulocyte-colony stimulating factor, human stromal-derived 25 factor-1, а human granulocyte macrophage-colony stimulating factor, human interleukin-8, a human vascular endothelial growth factor, a human fibroblast growth factor, a human Gro family chemokine, human endothelial progenitor cells, 30 an activator of protein kinase B, or a pro-angiogenic agent, the amount, or if appropriate amounts, thereof being effective to inhibit apoptosis and/or cause

proliferation of the cells of the tissue within the subject so as to thereby treat the disorder.

- 32. The method of claim 28, wherein the agent is administered intramyocardially.
  - 33. The method of claim 28, wherein the agent is administered intracoronarily.
- 10 34. The method of claim 24, wherein the agent is administered via a stent, a scaffold, or a slow-release formulation, intramuscularly, intravenously, intra-arterially, or sub-cutaneously.
- 15 35. A method of treating a subject suffering from a disorder of a tissue involving loss and/or apoptosis of cells of the tissue which comprises administering to the subject a composition comprising an amount of an agent which induces activation of CXCR4, the composition being administered in an amount effective to cause proliferation of the cells and/or inhibit apoptosis of the cells of the tissue within the subject so as to thereby treat the disorder.
- 25 36. The method of claim 35, wherein the tissue is heart tissue and the cells are cardiomyocytes.
- 37. The method of claim 36, wherein the agent is administered intramyocardially or intracoronarily via a stent, a scaffold, or a slow-release formulation.
  - 38. The method of claim 35, wherein the agent is

administered systemically.

- 39. Use of an amount of a human stromal derived factor-1 and an amount of a human granulocyte-colony manufacture stimulating factor for the composition for treating a disorder of a subject's heart involving loss of cardiomyocytes.
- 40. Use of an amount of an agent which induces phosphorylation and/or activation of protein kinase B for the manufacture of a composition for treating a disorder of a subject's tissue involving loss of the cells of the tissue.
- 15 41. Use of an amount of an agent which induces phosphorylation and/or activation of extracellular signal regulated protein kinase for the manufacture of a composition for treating a disorder of a subject's tissue involving loss of the cells of the tissue.

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42. Use of an amount of an agent which induces activation of CXCR4 for the manufacture of a composition for treating a disorder of a subject's tissue involving loss of cells of the tissue.